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Welcome 2015!

Healthy Heart

Firstly, we would like to express our deepest sympathy to two staff members; Louise Hurley and her family on the untimely passing of her Dad Joe and Lisa Walsh and her family, on the passing of her Grandfather.

The death of a loved one is always a sad time but particularly so at Christmas. May they rest in peace.

Completing the cycle of life a great big welcome to Alex Andrew Crinigan, my first Grandchild born on 03/01/2015. I'm besotted...

Wishing everyone a very Happy Healthy & Joyous New Year.



Cathy

Happy 2015 to everyone. The New Year is well under way and already Christmas seems like a distant memory. We have been making some resolutions here at Butterflies Crèche and one of these is to make more time for exercise in our day. We had Eoin, from Fingal County Council last week to instruct us in a sports conditioning course and we had great fun putting it into practice this week. It involves warm up exercises, ball games, team sports and then a cool-down time. We all had a lot of fun taking part in these activities. They help promote the holistic development of the child; physical and emotional development, social interaction and general well being. It keeps us all 'heart healthy', just in time for Valentine's Day!

Winter Reminders

- Cough and cold season is upon us. Please keep your child home from crèche if they are vomiting, have diarrhoea or a fever. If you knowingly leave an ill child with us, it makes it impossible to control the spread of viruses and bacteria.
- Continue to send in warm clothes, hats and gloves, as the weather is about to turn cold. That said, unless it is below 0 degrees or raining, we continue to play outside every opportunity we get. The children love it and it is healthier than remaining in a warm stuffy room all day.



Baby Room

As we embrace these cold months of January and February, we need to wrap up and stay warm. We are busy learning new words and lots of imaginary play is encouraged as this helps develop communication, thinking and sharing skills.



Maggie & Lisa



Louise Stewart

Early Learning/Toddler Room

These cold months are not easy. The excitement of Santa is gone and the days can be dark and cold. We do our best to keep the children physically active indoors. Fingal County Council Sports Workshop came and gave us a few tips on keeping active both indoors and outdoors. So if you see your little one hopping like a frog they are just keeping fit. :) Art and crafts continue as well as singing and other usual activities. Roll on the finer weather

Pre-Montessori

January has been a busy month for our busy bees, from learning many new shapes to learning how to hold our pencils to create various patterns. We have also introduced many new sporting activities to our daily routines, which help to encourage the children to be active and fit. The activities help boost self-esteem and confidence, and also focuses on communication skills, imagination and hand and eye coordination. Most importantly we are learning to interact in a positive and encouraging manner.



Louise Hurely & Hazel

Montessori

January kicked off with some lovely winter poetry, complete with actions. Ask the children all about the left boot, right boot poem, for a quick spot of entertainment! We also gave the children an introduction to Native Americans, their way of life and culture, and made a teepee and a decorated headband. We are currently working on the study of the continent of Asia. We are learning about which countries are found in Asia, population, languages spoken, types of food eaten and the indigenous animals found there.



Charmaine & Mairead

From The Pantry – Heart Shaped Rice Krispie Buns



1. Melt $\frac{1}{2}$ tbsp. butter with 2 drops of food dye. Fold in 1 cup of mini marshmallows until they are completely melted. Add one cup of Rice Krispies and stir until mixed well and all the cereal is completely coated.
2. Butter your hands and the heart shaped cookie cutter.
3. Gently press a scoop of Rice Krispies mixture into the cookie cutter. Next, push it out onto the parchment paper. You should now have one heart shaped rice Krispie bun in the colour of your choice.



Rachel & Mags